

About Macmillan Cancer Support

There are two million people living with cancer in the UK today. Macmillan wants to support every single one of them.

You probably know about our nurses – but we offer so much more besides. We give grants to those who are struggling to make ends meet. We provide booklets about cancer and how to live with it. We offer emotional support to people with cancer, and their families and carers. And we push governments to improve cancer care for everyone who needs it.

We're all affected by cancer. We can all help. We are Macmillan.

Happy to volunteer?

Everything we do relies on donations – so fundraising activities like the Yorkshire 3 Peaks walk make a huge difference to us. If you'd like to help at this, or any of our other events, get clicking at macmillan.org.uk/volunteer

Questions about cancer?

If you have any questions about any type of cancer, need support or just want to chat, call the Macmillan Support Line free on **0808 808 00 00** (Monday–Friday, 9am–8pm).

Working together to improve the lives of everyone living with cancer.

**WE ARE
MACMILLAN.
CANCER SUPPORT**



MILES FOR MACMILLAN

Yorkshire 3 Peaks

Yorkshire Dales

Saturday 9 July 2011

25 miles & over 1,600m climb

The stunning landscape changes with every step. Though it is one of the most challenging events that we have in the area, you'll know that your sponsorship money will help change the lives of people living with cancer.



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Macmillan Cancer Support, UK Office, 89 Albert Embankment, London, SE1 7UQ.
Registered charity in England and Wales (261017) Scotland (SC039907)
and the Isle of Man (604).



About our walk

Time – 07:30 start (registration opens 07:00)

Difficulty rating – Hard

Terrain – Rugged, muddy, hilly

Dogs allowed – No

Suitable for pushchairs – No

Suitable for wheelchairs – No

Minimum age – 16

Registration fee – £15

Minimum sponsorship – £191 – this will fund a Macmillan nurse for a day

NB. The fee is set to ensure that all our costs are covered but it is with the sponsorship you raise that Macmillan can go on to provide the practical, medical, emotional and financial support to the two million people living with cancer in the UK today.

Register now:

- **Online at macmillan.org.uk/walking**
- **By phone – 01925 846 740**
- **By post (using the tear off slip opposite)**

Macmillan Cancer Support

Suite 13, Newton House

Faraday Street

Birchwood Park

Cheshire

WA3 6FW

For more information you can also email us at y3p@macmillan.org.uk

The Yorkshire 3 Peaks walk must not be underestimated. Its rugged, mountainous terrain makes it a very long walk to be completed in one day so please consult your GP if you are unsure of your fitness level.

Can't make this event?

We have a full programme of walking events throughout the year (as well as other active and social events) so why not log on to

macmillan.org.uk/fundraising

and see how you can get involved.

Register now

Title: Miss Mrs Mr Other

First name: Surname:

Company/group name:

Address:

Town: Postcode:

County: Phone:

Email:

Macmillan Cancer Support and our trading companies would like to hold your details in order to contact you about our fundraising, campaigning and services for people affected by cancer.

We do not sell or swap your details with any third parties, but in order to carry out our work we may need to pass your details to service companies or partner organisations authorised to act on our behalf.

Please tick this box if you **do not** wish to receive further communications.

If you are wanting to register as a group, please either call the office or send the following details by post along with a cheque made payable to "Macmillan Cancer Support":

Full Name

Address

Phone number (preferably mobile in case of emergency)

Age

Payment details

I enclose a cheque for £.....

(payable to Macmillan Cancer Support)

Please debit my credit/debit card to the amount of

£ (we regret we cannot accept Visa Electron)

Name:

Billing address:

Postcode:

Signature:

Card number:

Security code: Exp: __/__/__ Start: __/__/__ Issue no: __

By signing this form, I acknowledge that Macmillan Cancer Support does not accept any responsibility for any injury, loss or damage to me or my property incurred during participation in the above event unless Macmillan Cancer Support, its employees or agents cause injury or damage by their negligence. Any participant who has any concern about his or her physical condition is advised to consult their doctor before taking part in the event.

Full name:

Date:

Signed: